



# The Mohawk Post

“The Voice of Millis High School”

Winter  
2018  
Volume 5  
Issue 2

## CHAMPS! Girls Soccer Keeps Filling The Trophy Case

by Olivia McClary

On November 11th, the Millis High School Varsity girl soccer players faced off against Granby in the 2018 Massachusetts Fall Soccer State Tournament. With a somewhat young squad, consisting of only five seniors, our Mohawks beat Granby 2-0 and claimed their second straight Division Four state title.

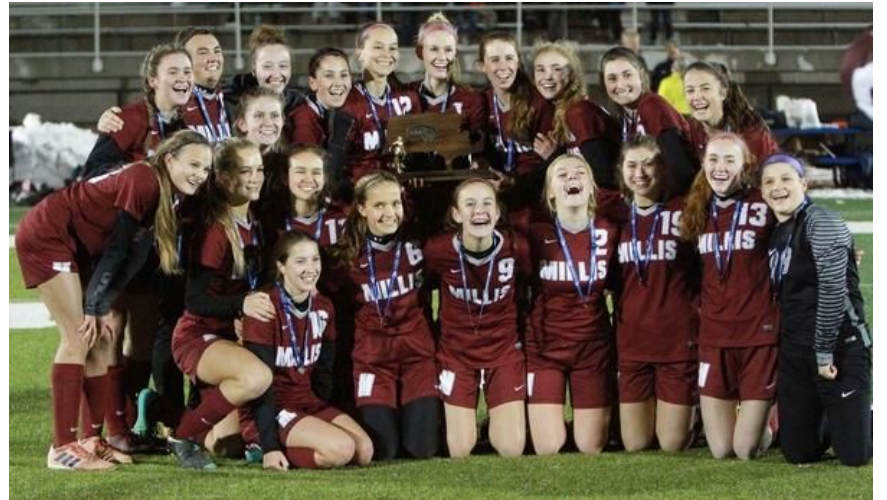
The championship game took place at St. John’s Prep, and the Mohawks, led by captains Riley Donovan, Jessie Krauss, and Ciara Moynihan, dominated the possession of the ball, allowing for Jordyn Ferrantino to show off her right foot in an outstanding volley which found its way into the top corner of the net in the 38th minute.

As a sophomore, Jordyn and several other teammates, including Grace Jewett, Courtney Bickford, Megan Wilcox, Bethany Steiner, and Abby Miller have only been a part of the team for two years, but each and every one has contributed to the culture of the team and their historic record of 18-3-4.

However, the players are not alone in the glory, as the coaches, Steve Bailen, Olivia Zitoli, Cam Bailen and Molly Breen, were instrumental in the development of the Millis Varsity culture. They highlighted the important aspects of toughness and passion.

Freshman Elle McClary described Olivia Zitoli’s impact in particular, stating that “she’s been one of the best coaches I’ve ever played for. She influenced me as well as the entire team on and off the field.” Elle and other freshmen, including Caroline Mundy and Devon Gatz, contributed to this young team, as the entirety of the squad is mostly underclassmen.

But the upperclassmen, such as Caileen Adams and Lexi Valencourt, were crucial in getting the team to this Division Four win. In the previous games, Caileen was responsible for at least five saves during a penalty shootout, while Lexi scored two goals, with her head nonetheless, pushing the Mohawks to the finals. In conclusion, congratulations to all the girls on the team for their second straight Division Four title, and hopefully we can add a third trophy to our case next year!



MHS Girls Varsity team after winning another state championship

## MHS Hosts Welsh Actor Richard Elfyn as David Lloyd George

by Callie Cassidy

On December 11th, Welsh actor Richard Elfyn took the time to perform his one man show, *The Wizard, the Goat & The Man Who Won the War*, for the students and staff of Millis High school.

In our very own auditorium, he resurrected small piece of British history: the life and career of former Prime Minister David Lloyd George, a Welsh man who led the United Kingdom during the first World War.

Elfyn has experience as an actor in nearly every area you could imagine. Besides live theatre, he has appeared in films, television (you may recognize him in the second season of Netflix’s *The Crown*), radio plays, and audiobooks. He has even won a British Academy of Film and Television Arts Award (The British equivalent of an Emmy)!

But perhaps even more valuable to students than learning from the play is learning from the actor himself. In the two Q&A sessions he held for those who had seen his performance and for Mrs. Norton’s drama class, Elfyn proved to be full of great advice for aspiring actors.

Elfyn advises those interested in the profession to seriously consider going to a school for the performing arts. He states it is also very important to “cast your net wide,” or keep yourself open to acting in all sorts of mediums. Even if you are not the type who gravitates towards theatrics, you may find his tips helpful. For any performance, whether it be a speech in school or a one man show comprised of around 7,000 words, Elfyn stresses the importance of being prepared, trusting yourself, and staying relaxed. Knowing the order of your words is the key to smooth delivery.

Individuals in the drama club reported leaving the performance feeling inspired about acting in their future. As for Richard Elfyn, his next project is a Bollywood movie called *Jungle Cry* about a team of young rugby players who miraculously won the Rugby Nations Cup in 2007. The movie comes out next year.



Richard Elfyn as David Lloyd George

### In this issue:

“Around the School”: Jeans for Troops, Ms. Day.....	2
Elementary School, Ecuador/Galapagos Trip.....	2
“Harry” the Service Dog.....	3
MS/MHS Writers, STUCO.....	3
“Arts & Culture” Nutcracker, Band & Chorus, Harry Potter Day.....	4
“Altar Egos” play, Global Goods, Book Review, Chem Club.....	5

Sports: Volleyball, Ms. Fitz.....	6
Millis Hall of Fame.....	6
Thanksgiving Day football game.....	7
Calendar, Word Search.....	7
Editorial.....	7
Student Awards: NESDEC, Superintendent’s Award.....	8
Girl Scout Gold Star, Students of the Month.....	8



Primary Photographer: Adriana Arguijo Gutierrez

## Around the School

### MHS Faculty Support Jeans for Troops, Helping Veterans

by Molly Andrews

On November 9th, members of the Millis faculty donated money and wore jeans to work to support a worthy cause. Several of them also wore stickers that said “Jeans for Troops.” All of this went towards Jeans for Troops, a fundraiser by the GI-Go Fund to help veterans get the resources they need. At the time of writing, Millis raised roughly \$300 online, and \$140 in cash/ checks, according to Mr. Mullaney. These donations will help support veterans facing the challenges that come after leaving military service and entering the workforce.

The transition from military to civilian life is neither quick nor simple. Veterans must get the necessary education for a job, find a job, sort out insurance and housing, and more, not to mention the physical and mental health issues that many must face every day. Despite serving their country, veterans are not always served by the government or the people. Some commit suicide, some begin doing drugs and alcohol, and some are homeless. According to the Department of Veterans Affairs, there could be more than 200,000 homeless veterans; many of these may have no shelter whatsoever. Programs like the GI Go Fund try to alleviate the problems veterans face by helping them find what they need. Many of these programs encourage public support and donations, hence a fundraiser like Jeans for Troops.

So how can we help? Mr. Kendrick, who served eight years in the Army National Guard, said a great first step would be to walk up to a veteran and thank them for their service. Many veterans do not seek the recognition that they deserve, and so showing them that their time is appreciated goes a long way. Another option is to simply raise awareness. Many of the issues that veterans face are out of sight, and therefore out of mind. Telling others about these issues helps to gather support to get veterans the help they need. Fundraisers like Jeans for Troops and organizations like the Wounded Warrior Project directly benefit veterans who need help.

For more information: <https://gigo.org/>

To donate to the cause: <https://gigo.org/teams/mightymohawks/index.html>

### A Note From the New 21st Career Coordinator, Mrs. Amy Day

Millis High School welcomes Mrs. Amy Day as our 21st Career Coordinator. She will be available in the library on Tuesdays, from 12:30-2:30 PM, to help students with career choices.

As she explains, “I am excited to start as the new 21st Career Coordinator here at Millis High School. My hope is to get all students at Millis High School to participate in some type of career exploration out in the community before they graduate. I can provide job shadowing, internships and volunteer opportunities to explore different careers. I am in the process of setting up some programs now, but would love input from students as to where their interests may be. This is a great opportunity to try and explore different careers and gain first hand experience within a profession. Please feel free to email me or stop by the library and we can talk about the possibilities.”

So if you have questions and would like to discuss career ideas, please stop by to see Mrs. Day or email her at [aday@millisps.org](mailto:aday@millisps.org).



### New Elementary School Progress: Part 2

by Jackie Welby

In an interview with Mrs. Knowlton, the Millis Middle School Principal, the discussion on changes within the middle school caused by the new elementary school continued.

The middle school principal says some things will “logically change.” A lower student population in the middle school means easier planning for events, and the middle school’s budget will have to be adjusted. When asked about the leftover fifth grade classrooms, she said it’s currently in “discussion with the committee” of school staff she recently attended. It has been considered to give “travelling” teachers (those who move from class to class) their own room, but it’s still tentative on what will actually happen to the empty rooms.

Mrs. Knowlton doesn’t have many concerns about the project, now and onward. The middle school principal does recognize that instead of trying to ease fourth graders into middle school by fifth grade, efforts will be made to ease fifth grades into middle school by sixth grade. But she “keeps watching” the construction from the windows of her office. It’s a “good view.” The closeness appeals to her since it can provide more “collaboration” between the higher and lower grades while providing volunteering opportunities for middle schoolers and high schoolers.

Her good outlook on the future of the project still reminds her of the eventual move. As the planning and construction progress with not much worry, she said she’ll “miss the fifth grade” being in the middle school.

### 2020 Foreign Language Trip Announced: Ecuador and Galapagos

by Chloe Verrochi

The trip for 2020 has been announced for the week of April 16th–April 24th. (Applications were due December 14th). The trip in 2020 is going to be to the Galapagos Islands and Ecuador. There is a lot planned for the trip for those who attend. They will be able to go to the Galapagos beaches and a number of turtles as well.

Students will be in centrally located hotels, which includes daily breakfast and lunch. There will also be a 24-hour tour guide. With the number of services, the cost \$4,148 may seem expensive, but it includes airfare and accommodations.

For those who go on this trip, it is possibly a once in a lifetime opportunity. So, have fun, enjoy yourselves, and overall have a great time. Don’t forget to take some pictures to share with us when you get back.



## Meet Harry, the MHS Service Dog

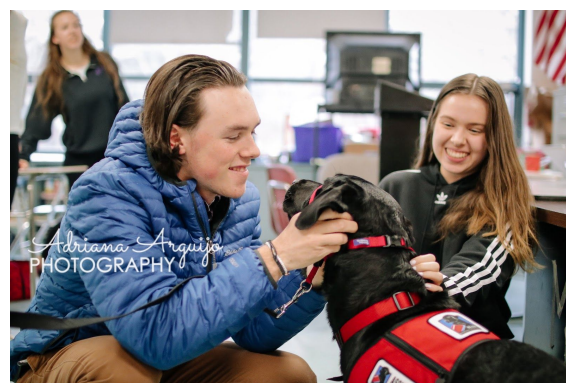
By Madison Schofield

Dogs are known to the world as man's best friend, and we here at Millis high finally have a best friend to call our own. Meet Harry MHS' new service dog. Harry came to this school thanks to Sara Schildwalker, whose senior project is the training and fundraising for a service dog.

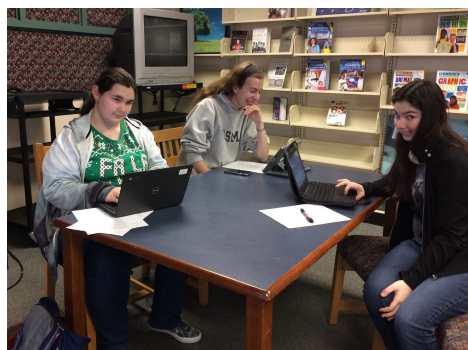
Sara, who has years of experience working with dogs thanks to her volunteer work at a local animal shelter, understands the impact that a dog can have. She explains that "as someone who has suffered from anxiety, it is huge to have something in the school that I can go see whenever I want to calm down." And for those who do not need to go see Mrs. Sullivan, Harry is walked around the study halls and gets to visit classes so that the rest of the school has a chance to reap the benefits of Harry.

To complete this project, Sara has been working with an organization called Neads. Neads (National Education for Assistance Dogs Services) is a New England based organization dedicated to bettering the community through training service dogs. Since 1976 Neads has trained dogs with their simple and effective system. Firstly dogs get their basic house training and begin their service training. Next, the dogs move on to prisons, where they receive constant training and attention. Next are the matching process and more training to fit the specific needs of the client. It was in this stage that Harry officially became part of the Millis High School family. Harry was chosen specifically for Millis High because of his friendly and lovable nature. Harry loves cuddles, and we here at the Mohawk Post sure don't mind.

As part of her project and as a thank you to Neads for such a wonderful dog Sara is raising money to donate to the organization. Recently Sara won a two thousand dollar grant from 'I am strong', placing her at a quarter way to her goal of eight thousand dollars.



## MHS Students as "mentors" for the Middle School Writers



This year, three Millis students are participating in the Middle School Writers as mentors for the six-week program. Freshman Chloe Verrochi, Sophomore Callie Cassidy and Junior Molly Andrews are assisting Mrs. Robinson and Mrs. Divver with a group of middle school writers.

Over the program, students are creatively writing their choice of stories, poetry, and essays, and will be shared and published at the end of the program.

Part of the mentors' responsibilities include editing, suggesting and commenting on students' work. The 'Writers Showcase' will be on Wednesday, Feb. 13th, at 2:30 PM in the library and all are welcome.

Any questions, please contact one of the mentors or advisers.

## STUCO Update!

by Kate Spangenberg

The beginning of the year is definitely a crucial time for all of the student council. With spirit week, homecoming, and holiday preparations, things can get pretty crazy! As the secretary on the junior class council, I can say that things are pretty focused on prom at the moment. Although prom is in May, fundraising is the key part of getting things ready so all goes smoothly in the spring. The two presidents of prom committee this year are Sean White and Maggie Carr and you can go to either of them for questions regarding the event. Also be on the lookout for the Mohawk Pura Vida bracelets on sale by the junior class student council and the girls basketball team.

As for the senior class, the focus remains on senior week. They just finished off their candy cane fundraiser that they have done for the past four years every holiday season, and are now trying to think of some new fundraising ideas. They are looking to work through all of the ideas for senior week and get things like decorations and food together. The senior student council is also in charge of the Powder Puff game for the Spring, sometime in April or May of 2019, as the exact date is not yet confirmed.

## Safety Training (Correction)

By Caroline Lebak

*\*In our Fall issue, The Mohawk Post incorrectly reported that the faculty participated in A.L.I.C.E. training. While Synergy System's 4L's program for dealing with emergency scenarios is similar, it has some distinct differences from the A.L.I.C.E. program.*

With public awareness of school safety still being high after the Parkland shooting this February, Millis High School has stepped up its procedures to meet new standards. This September, the entire faculty underwent a safety training to replace old code red procedures. Millis Police Chief Soffayer and Synergy Systems follow the "4 L's" of Locate, Lockdown, Leave and Live. According to Superintendent Nancy Gustafson, she said the school is asked frequently if we do the ALICE program and the answer is "No, but we do something that our local Police Chief has helped develop and we feel is very appropriate." This training is now being given to the students, like in the practice lockdown on October 15th. Other safety measures, such as locking the second set of library doors and having Detective Bickford as a school resource officer, are also being taken this year to ensure the safety of all of Millis High School students.

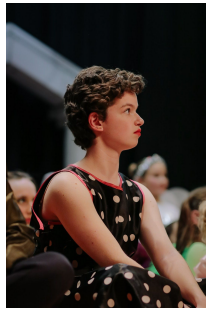


# Arts and Culture

## Terpsichore presents its 10th year of “The Nutcracker”

The annual production of Tchaikovsky’s “The Nutcracker” was presented with a school-wide cast on the weekend of November 30th. In its tenth year, this favorite performance was directed and choreographed by Mrs. Stephanie Copice, MHS Chemistry Teacher and Terpsichore Teacher.

Seniors in this performance include Lily Denman, Sheeza Khan, Trinh Lazare, Sofi Murray, Emily O’Gara, Anna Pasquantonio, and Josh White. An additional “Thank you” to everyone who made this another spectacular event.



Anna Pasquantonio



Lauren Taylor, Josh White



Emily O’Gara



Lily Denman

## The Chorus Strikes Again

by Nic Davies

Recently, the Millis High School Chorus returned to Rhode Island to sing “America The Beautiful” at the beginning of the Providence Bruins game against the Charlotte Checkers. With that event now passed, the talented group continued to demonstrate their vocal talent at the Winter Concert on December 20, 2018.

Seven songs were prepared for their line-up, including The Chordettes’ “Mr. Sandman,” Kansas’ “Dust in the Wind,” Cat Stevens’ “Morning Has Broken,” and “Aquarius/Let The Sunshine In” from the musical *Hair* (which was performed at the November 21 STUCO assembly). The chorus has been practicing hard day after day, perfecting their harmonies and polishing their overall sound quality. Members Livi Calais, Devon Gatz, Josh White, and Valerie Black took the stage as soloists for Billy Joel’s “River of Dreams,” and festive favorite “Carol of the Bells” will be returning to their repertoire for an opportunity at redemption. Several chorus alumni will also be joining for the Hanukkah piece “Ha’neirot Ha’lalu,” which is a tradition within the group.



The December 20th Winter Concert warmed the hearts of the audience for the holiday season. Congratulations to chorus director Mark Femino and the Millis High School Chorus for a memorable performance.

## Winter Concert for Band and Chorus

By Jonah Staples

The Millis High School Band and Chorus are performed their winter concert Thursday, December 20th. As the first concert of the year, it confirmed that the MHS music program is still lively and strong, despite having only about two dozen members per group.

Featuring both holiday classics and newer takes on the music of the past, it is always a true delight to see the musicianship of Millis High School be pushed to new heights.

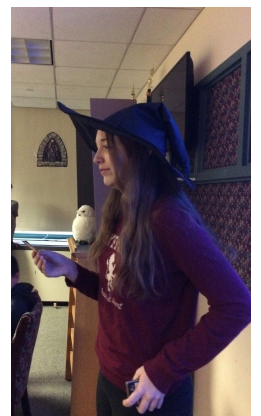
The MHS band conducted, by Janice Norton, included members of the Alumni to perform during their “Sleighride” piece. MHS Spanish Teacher Yvonne Fitzgerald was the guest performer in accompaniment. Choral alumni also joined in the Chorus’s final piece. The evening was a terrific introduction for the holiday season.



## “Harry Potter Day” celebrates 20 years of J.K.Rowling



The School Library Teen Council organized a “Harry Potter Day” on Monday, Nov. 19th, in celebration of the 20th anniversary of the publication of this series by J.K. Rowling. Students from the Middle School came to the library which was recreated as “Hogwarts Hall”, and enjoyed readings, trivia and fun with council members. Kaylie Corsi (right), Mrs. Degon (left), and Mrs. Divver acted in costume for this event, and students seems to enjoy the day.



UPCOMING events from the Teen Council: a “Solve the Mystery Night” on Friday, January 25th, and a “Harry Potter Reading Night” on Thursday, February 7th. Interested in joining? See Mrs. Divver!



## “Altar Egos”: fun for all

The Millis High School Drama Club put on a hilarious performance called “Altar Egos”, a play that portrays the stress of organizing an American wedding. The bride and the groom both came from very different families, creating panic, which is brought through between laughs. The groom’s family is from the big city, while the bride’s family lives out in the suburbs. This smash-hit was written by Pat Cook, the playwright that wrote last year’s play, “You Can’t Beat The House.” Cast members include Colin Streck (Mark Frobisher), Lauren Taylor (Colleen McMasters), Danny Scanlon (Uncle Josh), Georgia Riordan (Dinah McMasters), and Callie Cassidy (Vera Frobisher). Many thanks to Mrs. Bartley, the director for putting on this amazing show!



## Global Goods Helping in So Many Ways

For the past few years, Danielle Mannion, MHS TV Production teacher, hosts her mother, Jacquie Rodgers, in the school library, for a special fundraiser. The Global Goods sale attracts students and teachers alike to come and see every corner of the world in one communal setting as one.

Global Goods Foundation, a non profit company, is headed by Rodgers and is based in Maynard, Massachusetts. But despite being based here in the United States, Rodgers collects her goods from around the globe, created by loving, creative hands alike.



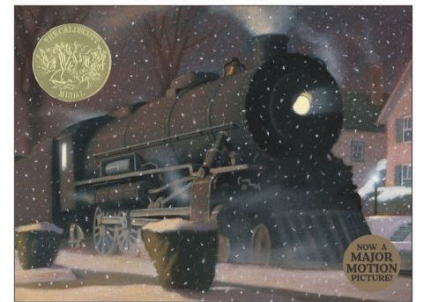
Jacquie Rodgers, a former teacher of 30 years, founded Global Goods in order to combine her passion for teaching and giving back to the community. Profits raised from her sales help build schools for children in Guatemala. The items, which include small handmade toys, embroidered textile shawls, an array of enchanting jewelry, dreamcatchers, handbags, and ornaments, were created by citizens of various countries Rodgers travels to. There are some eye catching toys, such as the ones beautifully crafted from recycled flip flops found littered on the beach of a particular country. Some of the countries, whose incredible handcrafted trinkets are displayed on the table of the library, include Mexico, Guatemala, India, and Ghana. Each and every item has a story behind its making, and every item is heavy with culture, faith, and hope. The goods present make wonderful Christmas gifts for friends and family alike. Every penny raised by Global Goods is donated globally and locally.

## Book Review: The Polar Express

By Ally Burke

In honor of the holiday spirit, this issues book review is The Polar Express. A well-loved book that was adapted into a well-loved movie. Despite it being a children's picture book The Polar Express written by Chris Van Allsburg is well loved by all ages for the youthful joy it inspires in all. The classic, well-known story tells of boy laying in his bed listening for Santa’s sleigh bells after being told he doesn’t exist. However, instead of sleigh bells, the boy instead hears the sound of a steam engine which then proceeds to pull up in front of his house. The boy runs outside his house in only his bathrobe and stares in shock at the engine. He is then invited on board by the conductor who calls the train The Polar Express. On board the engine the boy is greeted by many other children similar to him, all of them are whisked off on an adventure to the North Pole. The Polar Express is a lovely book that never fails to evoke a feeling of magic and joy. It’s simple yet elegant writing makes it a perfect Christmas story for people of all ages. After Revisiting the Polar Express after all these years it’s clear to see why this book has the wondrous legacy it does and why it remains a staple in children’s literature even after all these years.

THE POLAR EXPRESS



## Thanks again for a successful bake sale at Nutcracker!



Once again, the Mohawk Post staff extends its appreciation to Ms. Copice for allowing us to run our bake sale during the performances.

Members of the Newspaper staff are shown below, helping to sell the many goodies. In the photo on the left: Ashley Lindberg and Noah Stapels. In the photo on the right: Kate Spangenberg, Chloe Verrochi, Callie Cassidy and Ally Burke. Missing from photo: Madison

Schofield.



## Chem Club Update

by Caroline Lebak

Chem club has had two field trips to visit the 3rd and 4th graders to provide them with hands-on activities related to what they are learning in science. We are planning to bring them to the high school in early 2019 to allow them the chance to experience science in a laboratory. The topics covered include centripetal force, magnetism, chemical versus physical change, and flame tests. Activities will take place during period one, and practice sessions will be won, so no prior experience is required. Should you want to participate, feel free to speak to Kaitlyn Stallings or Caroline Lebak. We have also recently had our pre-break potluck. If you are interested in joining, meetings are D-days first lunch in 109.

## Adriana Arguijo Photography

As the photographer for the Mohawk Post, I am also a portrait photographer and I offer a variety of photographic services such as senior portraits, family photos, business headshots, and more. You can reach me at [adrianaarguijo@comcast.net](mailto:adrianaarguijo@comcast.net) or through my website [www.adrianaarguijophotography.com](http://www.adrianaarguijophotography.com) for more information on booking photo sessions!



## Sports

### Girls Volleyball Season for the Millis Mohawks

by Emma Tomlin

The Millis Girls Volleyball Program is a competitive, yet supportive team. This year, we had a tremendous turnout for girls who decided to play from grades 7-12. We began the season with 37 girls, but later on ended with 34. Even with girls gone, we still had a terrific season.

Big things happened for the program, such as for the first time in six years they had a freshman team. Other great things happened, including the new net which now has an official Millis Mohawk strip at the top.

The Varsity girls played a terrific season. Our girls raised over \$4,000 for Dana Farber from their Volleyball for a Cure night.

This year we have eight amazing seniors leaving our program. They are Alexis Wright, Morgan Kane, Jenna Jarosz, Jacque



Mullally, Meghan O'Brien, Abby Clark, Catherine Lane, and Kaitlyn Stallings. Each of these girls have played for the Millis Program for many years and they all added such a fun-loving aspect to the program as a whole.

The Varsity team went 10-10 in their regular season and made it into the playoffs. This Millis volleyball team made history in two ways: Firstly was by beating Medfield for the first time since 2003. Secondly, they hosted their first playoff game against Bellingham on Friday, October 26th right here in the home of the Mohawks for the first time in over a decade. They sadly ended their season the following night against Whitinsville Christian. Overall this program has grown to be one where people from all walks of life came together with one common passion to achieve a

team-wide goal!

### Mrs. Fitzgerald, Our New Winter Track Coach

by Ashley Lindberg

Mrs. Fitzgerald (Fitz), was promoted to coach the girls 2018 winter track team this season. She provided some positive feedback and answers!

Q: *What is your goal for this season?*

- To help my athletes to progress throughout the season. My job is to bring helpful workouts, keep them on track, and be their cheerleader.

Q: *What expectations do you have for you team?*

- I want my team to always put forth their best effort. I also want them to work hard and achieve their goals.

Q: *How did you get involved with coaching the girls team?*

- The former coach thought of me because she knows that I love coaching, and she knows that I know the girls well.

Q: *Is coaching a track team more or less difficult than soccer?*

- Coaching a track team isn't necessarily easier or more difficult. It is just different. I have to think of workouts that will help improve several different types of track athletes. I have sprinters, middle distance, long distance, hurdlers, throwers, and jumpers. Each workout has to be tailored to what they do specifically to make sure they will progress. It is a team sport in the idea that we support each other, cheer each other on, and train together; but track is also an individual sport where the athlete has to be dedicated in order to perform and do their best.

Q: *If you had a choice, would you coach again for the girls track team?*

- This is new to me, so I would want to wait to the end of the season to make sure that I am doing a good enough job. Of course I would love to coach again, but if I did not meet my athletes' expectations I would need to rethink if I am good enough for them.

Q: *How do you think the team is looking so far?*

- I am very impressed with the girls. We just had our first track meet on Saturday and they performed so well. Now with official times recorded, we will make sure to work on getting them stronger, faster, and mentally ready.



Coach Ms. Fitz & Family

### Congratulations Inductees for Millis Athletic Hall of Fame



The Inaugural Millis Athletics Hall of Fame Class was inducted on Saturday, November 24th at the Medway VFW.

The inductees: The 1965 Football Team, Ernie Richards- Coach 1966-1987, Jim Caddell- Class of 1981, John Monaghan - Class of 1981, Mickey Lipsett- Class of 1979.

It was be a great ceremony with dinner, music and moving speeches. Roughly 150 people were in attendance, and everyone had a wonderful time honoring these stellar Millis athletes. For more information or if you would like to nominate someone for next year, visit the website at

[www.mhsathleticshof.com](http://www.mhsathleticshof.com) .

# Millis vs Medway Thanksgiving Football Game

by Ally Burke

The bitter cold nipped noses as the Millis Mohawk Football team started. Millis began deep in their own end after a Medway touchdown and punt, beginning the annual Millis vs Medway Thanksgiving game.

Millis lost the ball on a turn over, but Nick Alger regained it after an interception. The first quarter ended Medway 7 and Millis 0. Second quarter started with a bad snap by Millis which was recovered by Medway. Millis made up for this as Michael Lund recovered the ball on a Medway fumble. Quarterback keeper by Thomas Fallon led to a big Millis gain and a first in goal on the Medway 8-yard line. Chris Edwards passed to Thomas Fallon on a trick play, scoring Millis' first points of the Thanksgiving game and ending the half tied 7-7.

Third quarter opened with a big Medway gain, but Chris Edwards was able to knock the possible touchdown out of Medway's hands. In retaliation, Medway ran around the left side and scored a 51 yard touchdown.

Millis briefly held the ball before it was turned over to Medway who scored another touchdown. However, the points were denied after a flag on Medway. Medway made up for this by making a back-breaking touchdown on Millis. Medway wrapped up the third quarter with a 30-yard touchdown, but their extra point was intercepted by Chris Edwards.

The fourth quarter began with Chris Edwards again, preventing a Medway touchdown and then scoring Millis an amazing 60 plus yard touchdown. Medway took the ball but Millis quickly regained it after a successful onside kick. Chris Edwards gained a critical 20 yards leading to another Millis touchdown by Michael Lund.

Despite Millis' comeback in the final quarter, the game was decided in the final two minutes with a Medway touchdown and win. Final score was 30 to 21 in favor of Medway. Overall, this last game of the year is one to be remembered.



## CALENDAR of upcoming events

12/20	Winter Concert
12/21/19-1/1/19	Winter break
1/1	Senior College Application Deadlines
1/18	No school - Professional Development
1/21	No School MLK day
1/25	"Mystery Night" in the Library
2/9	Cabaret Night!
2/7	Harry Potter Read Aloud Night

## Winter Issue Word Search

E R V Q K X J R J H N B D H Z  
 N R E S O L U T I O N S S M J  
 Z F A M I L Y T P L W S L O D  
 N Z C E T N V C H I L L Y O U  
 V O E V Y L K Y A D W O N S D  
 N I P F J W R W W A P U S I B  
 I O B M A M E T U Y F W N D R  
 Z T I U R U T N U S M J O I V  
 A S U T I C N A C C E N W E F  
 U V T R A D I T I O N S F G K  
 M M W Q P C W P G C V P L A R  
 Z S K W Z V A W T S Q Q A S K  
 P N O W E H V V K E D W K S U  
 E N M X F H H J E D R P E I J  
 S L I G H T S C G H Q Q S M X

WINTER  
 VACATION  
 SNOW  
 HOLIDAYS  
 NEWYEAR  
 RESOLUTION  
 SNOWDAY  
 TRADITIONS  
 LIGHTS  
 FAMILY  
 CHILLY  
 SNOWFLAKES

## New Year's Resolutions

By Madison Schofield

The New Year is coming up soon and so is the dreaded question "what's your new year's resolution?" So for those of you that don't have one in mind here's a few resolutions you can try.

1. Stop procrastinating. Get your work done early so you don't have to stay up past midnight the night before the assignment is do. You will feel less stressed and get enough sleep.
2. Go to bed early. Speaking of sleep, it's important that teenagers get 9-12 hours of sleep.
3. Relax. Take a deep breath, do some yoga or meditation. You can't put your best work forward if you're stressed. Don't worry about that one bad grade from last term, live in the present.
4. Eat healthy. I know that slice of chocolate cake looks delicious and that after a long day it's so much easier to get fast food rather than cook but eating healthy will help you to stay healthy so you can continue to do all of your favorite things whether its sports, video games or reading your favorite newspaper, *The Mohawk Post*.
5. Read *The Mohawk Post*. The Mohawk Post will keep you up to date on all of the news buzzing around the school and give you insight into everything that keeps Millis High the school we know and love. So follow us on Instagram and Twitter and keep a lookout for a copy of the newspaper in the library.



# Student Recognition and Awards

## New England School Development Council Award Winners

FROM THE MILLIS PUBLIC SCHOOLS WEBPAGE [www.millisps.org](http://www.millisps.org) :

“Jessica Krauss has increased the rigor of her coursework each year and has excelled in a range of College Prep, Honors, and AP classes. Outside of the classroom, Jessie is an impressive athlete, a leader of her class, and a contributing member of the community. She has been on the Winter and Spring Track teams throughout high school and is a fierce competitor on the the Varsity Soccer team each fall. For her senior year, she was chosen by her teammates to be one of the captains of the Varsity Soccer team, which is not only a reflection of her leadership skills but also her passion and tenacity for the sport that she loves, which is contagious with her teammates. Jessie is President of the Student Council Executive Board this year and she has held leadership positions in student council throughout high school. She is also President of the Peer Leaders Club, she has been a member of the Junior Leos community service club throughout high school, and she is a dedicated member of the Millis Chapter of the National Honor Society. She has participated in several community service activities through her membership in these clubs, but she has also sought ways to give back to her community on her own time, including mentoring and working as a spanish tutor for younger students. This year, Jessie is organizing a 5K in town to raise money for research for Frontotemporal Dementia. Jessie exemplifies admirable character and academic accomplishment and she undoubtedly serves as a positive role model for the entire student body.”

“Kweku Ashiagbor has increased the rigor of his coursework each year and has excelled in a range of College Prep, Honors, and AP classes. Outside of the classroom, Kweku has been a leader among his classmates and a contributing member of the community. Kweku has worked to influence important decisions for the entire student body as a representative on the Student Council Executive Board throughout high school, and he is currently the Co-President of the Class of 2019 Student Council. Last year, Kweku was one of the students chosen by teachers to be a student representative of the Game Change Program, where he was trained as a mentor in our Violence Prevention program through Northeastern University. Kweku would never miss an opportunity to give back, and he spends a great deal of his spare time volunteering, teaching, and mentoring younger students. He volunteers as a recreational basketball coach, he teaches drum lessons and piano lessons for younger kids, and he leads a youth group for his church, which requires him to lead meetings, organize group outings, and help out with a weekly clothing drive. Every weekday, Kweku works after school as an educational aide in the elementary extended day program. This past spring, Kweku was an easy selection for the Millis Chapter of the National Honor Society given his commitment to academics, his leadership skills, his exemplary character, and his commitment to the community.”

## Superintendent's Award

FROM THE MILLIS PUBLIC SCHOOLS WEBPAGE [www.millisps.org](http://www.millisps.org) :

“Georgia Riordan is this year's recipient of the Superintendent's Award. Georgia has been an outstanding student and community leader here at Millis High School. Georgia has been a four-year saxophonist in our band, participating in numerous community service events with Mrs. Norton and her classmates. An avid reader and writer, Georgia has penned articles for our school newspaper, and two years ago had an article published by the Millis-Medway News about the school trip to the Presidential Inauguration. Georgia founded the Big Sisters organization at Millis high, a women's empowerment group supervised by Ms. Ziemba. She has been a member of peer leaders, been trained as part of our Mentor's in Violence Prevention program through Northeastern University, is an active tutor for Spanish classes, and has run cross country. Georgia decided to try her hand in theatre last year as part of the Millis Theatre Group, and this Fall she is holding one of the lead roles in our drama club's production of "Altar Egos". This past year, Georgia was also hired as a volunteer/intern for Maura Healey's campaign. Georgia is a strong advocate of community service, and giving back, and freshman year she helped organize a ride in the Pan Mass Challenge in honor of our own Mrs. Shepardson when she was diagnosed with breast cancer. Sophomore year Georgia rode again, raising nearly \$1500 for Dana Farber! Georgia embodies all of the qualities that make up the Superintendent's Award, and has been a wonderful ambassador for Millis High School and the Millis community.”

## Millis Scout Earns Gold Award

The Gold Award is the highest award a Girl Scout can earn. To earn the award, the project must be sustainable, benefit the community, and requires a minimum of 80 hours. Madison Schofield, an MHS senior and Ambassador Girl Scout, recently earned her Gold Award. For her project, Madison organized a mentor program between the elementary and middle schools. Madison and a group of dedicated volunteers met with students at Clyde Brown once a week to work on confidence-building and social skills. In addition to mentoring Madison created a website, <https://millismentorprogram.weebly.com/>. The houses all of the resources for the fun games and activities they did as well as detailed instructions for anyone who wished to start a similar program of their own.

Madison will join the other Gold award scouts at the State house later this year for a celebration recognizing all of the scouts in the state who have earned the prestigious award.

If you are interested in getting involved in the program reach out to Madison at [madsch19@millisschools.org](mailto:madsch19@millisschools.org) or check out the website.

## Teachers reinstate “Students of The Month”



November restarted the program to recognize students who have gone above and beyond the norm. The process is for teachers to nominate a student who they feel deserves to be recognized as Student of the Month. Criteria for Student of the Month includes any way in which a student has exemplified MHS's Core Values and Beliefs, including: Academic Achievements; Social Competencies, such as grit, integrity, empathy, kindness and respect; and Civic Competencies, or extracurricular achievements. After nominations are made, the staff will vote on nominees and one student will be chosen for each grade/category.

The November winners of the “Students of the Month” are Grade 9 - Carla Ferzoco; Grade 10 - Kaylie Corsi; Grade 11- Grace Magilligan; Grade 12 - Trinh Lazare. Other nominees are Grade 9, Matt Malloy and Maddie Graham; Grade 10, Madison Donovan and Casey O’Toole; Grade 11, T. J. Hourigan, and Grade 12, Brooke Moriarity and Madison Schofield. Congratulations to all!